








	CARRIER OIL	COMEDOGENIC RATING	SKIN TYPE	CHARACTERISTICS	COSMETIC	MEDICINAL	COMPOSITION	SCENT	SHELF LIFE	VISCOSITY
	Sweet Almond	2	Dry, Sensitive, Acne-Prone	Absorbs well. Nourishing, moisturizing, anti-bacterial, non-greasy.	Antioxidant, Tonic, Nutritive, Rejuvenating, Emollient, Anti-Inflammatory	Antioxidant, Tonic, Analgesic, Aphrodisiac, Antispasmodic, Nutritive, Sedative, Anti-Inflammatory	High in Oleic Acid; Oleic Acids (Omega 9), Linoleic Acids (Omega 6), Stearic Acid, and Palmitic Acid	Very Light	12 Month	Medium
	Apricot Kernel	2	Combination, Dry	Gentle and good for all skin types; non-greasy, non-irritating; soothing, quick-absorbing	Anti-Inflammatory, Anti-bacterial, Anti-Septic, Antioxidant, Revitalizing Emollient, Anti-Aging	Anti-Inflammatory, Anti-bacterial, Anti-Septic, Antioxidant, Revitalizing, Expectorant, Anti-Tussive	High in Oleic Acid; Oleic Acids, Linoleic Acids, Alpha-Linolenic Acid, Palmitic Acid, Stearic Acid, Vitamin A, and Vitamin E	Very Light	12 Month	Medium
	Argan	0	Most Skin Types	Absorbs well; Good for skin issues and aging skin; non-greasy, antimicrobial, anti-inflammatory, hydrating, conditioning, softening	Antioxidant, Regulating, Tonic, Detoxicant, Anti-fungal	Anti-microbial, Anti-inflammatory, Analgesic, Stimulating, Regulating, Tonic, Detoxicant, Anti-fungal	High in Oleic Acid, Linoleic Acid; Oleic, Linoleic, Palmitic, Stearic, and Linolenic acids	Light	2 Years	Thin
	Avocado	2	Dry, Acne-Prone	Heavy Oil, Rich Nourishing, Penetrating	Anti-Aging, Antioxidant, Emollient, Detoxifying, Regenerative, Astringent, Vitamin-rich, Anti-bacterial	Anti-Inflammatory, Analgesic, Detoxifying, Anti-Arthritic, Diuretic, Regenerative, Astringent, Carminative, Anti-parasitic, Laxative	High in Oleic Acid; Palmitic Acid, Palmitoleic Acid, Stearic Acid, Oleic Acid, Linoleic Acid, Alpha-linolenic Acid, Arachidic Acid, and Gadoleic Acid	Light	12 Month	Thick
	Camellia	1	Most Skin Types	Absorbs well Good for skin issues. Great for aging skin	Emollient, Hydrating, Anti-Aging, Protective, Reparative, Regenerating, Softening, Smoothing, Lifting, Firming, Soothing, Anti-Inflammatory, Strengthening	Cardioprotective, Hepatoprotective, Immunity-Boosting, Cholesterol Lowering, General Health-Enhancing, Analgesic, Anti-Inflammatory, Anti-Diabetic, Carminative	High in Oleic Acid and Linoleic Acids; Vitamin E, Vitamin A, Magnesium, Zinc, Squalene Lipids	Very Light	1-2 Years	Medium
	Coconut	4	Very Dry, Best for Body Use	Penetrate & absorbs, adding a protective layer on the skin. Good for all skins.	Emollient, Protectively Hydrating, Lubricating, Cooling, Soothing	Regulating, Balancing, Stress relieving, Digestive, Anti-fungal, Detoxicant	High in Lauric Acid; Capric Acid and Caprylic Acid, Linoleic Acid (Polyunsaturated Fats), Oleic Acid (Monounsaturated Fats), Polyphenols (Virgin Coconut Oil only), Medium-Chain Triglycerides.	Very Light	2 Years	Thick
	Fractionated Coconut	2-3	Most Skin Types	All around useful carrier. Good lubricant. Use for soap making	Softening, Soothing, Quick-Absorbing	Great to mixing with essential oils for deep tissue massages.	High in Caprylic and Capric Acid; sources of medium-chain triglycerides (MCTs), providing fatty acids	Odorless	2-3 Years	Light
	Evening Primrose	2-3	Oily, Acne-Prone, Combination	Soothes irritated skin. Good for skin issues and dry skin	Anti-Inflammatory, Anti-Oxidant, Cleansing, Nourishing, Astringent.	Anti-Inflammatory, Astringent, Analgesic, Stimulant, Anti-Depressant, Sedative, Expectorant, Anti-Histamine, Anti-Coagulant, Immune-Stimulant, Hormone Regulator, Vulnery, Antispasmodic, Demulcent, Bronchodilator, Cognition-Enhancing.	High in Linoleic Acid (Omega-6), Y-Linolenic Acid (Omega-6), Oleic Acid (Omega-9); Moderate in GLA; Palmitic Acid, Stearic Acid	Light	6 Month	Light

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	Grapeseed	2	Most Skin Types	Non-greasy, absorbs well Good for oily skin and massage	Antioxidant, Emollient, Astringent, Antibacterial	Cicatrissant, Diuretic, Tonic, Anti-inflammatory, Adaptogenic, Anti-allergic, Anti-histamine, Anti-dandruff, Stimulant, Antimicrobial, Aphrodisiac, Antiviral	High in Linoleic Acid; Oleic Acid, Palmitic Acid, Stearic Acid, Palmitoleic Acid, Vitamin E, beta-Carotene	Odorless	6-12 Month	Light
	Hazelnut	1-2	Most Skin Types, especially Sensitive, Acne-Prone	Moisturizing, Nourishing. Good for scars and sun damage. Absorbs quickly, non-greasy	Penetrating, Stimulating, Astringent, Moisturising, Protective	Antioxidant, Anti-inflammatory	High in Oleic Acid	Light Nutty	12 Month	Light
	Hemp Seed	0	Most Skin Types, including Oily/Acne-Prone	Good for damaged hair and nails. Great in balms and salves	Penetrating, Soothing, Healing, Revitalising, Protective, Conditioning, Moisturiser	Antioxidant, Anti-inflammatory, Nutritious	High in Linoleic Acid, Moderate in Linolenic Acid	Nutty	6-12 Month	Medium
	Jojoba	2	Most Skin Types, including Oily/Acne-Prone	Moisturizing and good for skin issues. Prolongs shelf life of other carrier	Non-Comedogenic, Emollient, Protectively Hydrating, Lubricating, Cooling, Soothing, Antioxidant, Softening, Strengthening, Stimulating, Anti-Inflammatory, Antibacterial	Antiseptic, Antifungal, Analgesic, Anti-inflammatory, Astringent, Stimulant, Tonic	High in Gadoleic Acid (Eicosenoic Acid); Erucic Acid, Oleic Acid, Palmitic Acid, Palmitoleic Acid, Stearic Acid, Behenic Acid, Vitamin E, and Vitamin B Complex.	Light	2-3 Years	Medium
	Meadowfoam	1	Oily, Acne-Prone, Sensitive	Moisturizing and nourishing; Absorbs easily	Moisturising, Rejuvenating, Protective, Oil Balancing	-	High in Eicosenoic Acid	Very Light	2 Years	Medium
	Rosehip	1	Oily, Acne-Prone	Emollient qualities Softens and nourishes damaged skin; Absorbs easily, non-greasy	Antioxidant, Regenerative, Anti-Inflammatory, Astringent, Hydrating, Firming, Smoothing	Antioxidant, Regenerative, Anti-Inflammatory, Astringent	High in Linoleic Acid, Moderate in Linolenic Acid; Oleic Acid, Palmitic Acid, and Stearic Acid	Light	6-9 Month	Light
	Sunflower	0-1	Most Skin Types	Absorbs well Helpful for bruises and skin irritation	Softening, Astringent, Moisturizing, Conditioning, Anti-Oxidant, Anti-Viral, Anti-Bacterial, Clarifying, Brightening	Anti-Microbial, Anti-Viral, Anti-Bacterial, Immune-Enhancing, Energy-Boosting, Anti-Inflammatory	High in Linoleic Acid; Oleic Acid, Palmitic Acid, and Stearic Acid	Very Light	12 Month	Thin
	Tamanu	2	Most Skin Types, especially Scarred/Sensitive	Heavy, Rich. Skin healing and softening	Collagen-Enhancing, Regenerating, Soothing, Hydrating, Smoothing, Deodorizing, Protective, Nourishing, Cleansing, Exfoliating, Anti-Oxidant, Soothing	Anti-Microbial, Anti-Bacterial, Anti-Fungal, Anti-Coagulative, Anti-Inflammatory, Anti-Oxidant, Wound-Healing, Regenerating, Soothing, Analgesic, Immune-Boosting, Anti-Itch, Cicatrizing, Anti-Neuralgic	Oleic Acid, Linoleic Acid, Palmitic Acid, and Stearic Acid	Nutty	2 Years	Thick

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